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THE FASTEST WAY TO LEARN

Here, I’m teaching co-author Ken Steven how to be a human swing machine. Now I’ll do the same for you.
The instruction in this book has been designed with one purpose in mind; to give you a consistently great golf swing as fast as humanly possible. On average, my method takes about five weeks to learn. You might learn it faster or slower, depending on how often you’re willing to practice what I’m about to teach you.

The first thing we’re going to do is look at how the Iron Byron swings. Why? Because I want you to understand the true simplicity of its swing. If you’re currently feeling confused and overwhelmed by the golf swing, this will prove to you that it really isn’t that complicated. Remember, there are only two moving parts to the machine. How complicated could it be?

Then, I’ll teach you how to copy the machine’s perfect swing. To do that, I’m going to give you ten easy lessons that I’ve developed and fine-tuned with my students over a period of many years. There are five sections in each lesson: Why It’s Important; What To Do; Making Sure It’s Right; How To Work On It; Beware of Human Nature.
**Why It's Important:** As a teacher, I've discovered that people learn better if they understand why they're being asked to do something. That's why I start each of the ten lessons with this section. The explanation will always relate to how the lesson content helps you copy the three key swing elements of the Iron Byron.

**What To Do:** This is the instructional part of each lesson. Here you'll find a list of easy-to-follow steps, accompanied by photographs. I'm a big believer that a picture is worth a thousand words. That's why I've included so many of them in this book. Study each picture carefully. Copy the ones in color. Avoid the mistakes in black and white.

**How To Work On It:** This section tells you the best way to practice what's being taught in the lesson so that it will eventually become automatic for you. Sometimes this will be a drill. Sometimes it will be something you can do while watching television!

**Making Sure it’s Right:** When I was learning the golf swing I used to spend hours on the practice tee, never really sure if I was doing what my coaches had instructed because they weren't there to watch me. Since I can't be there to watch you, in this section, I'll show you how to monitor yourself.

**Beware of Human Nature:** Finally, we have to deal with human nature. In order to copy the Iron Byron, you're going to be putting your body in positions which will initially be uncomfortable. It's human nature for the body to avoid any kind of discomfort, so it will automatically adjust itself to keep things feeling natural. Unfortunately, this sabotages your swing. If you find that you're not improving after any of the lessons, human nature is the culprit! This is the section that shows you the mistakes in your swing that human nature will cause you to make, so you can figure out how to get things back on track.
As you work your way through the lessons, you'll notice that I teach the swing in reverse order. You'll be learning the follow-through before you learn the backswing. You'll also be learning the setup in two different parts; the second part doesn't pop up until four lessons after the first. All this may seem strange, but believe me it makes the swing a lot easier to learn when you break it down this way.

Here's another thing you'll notice that's different about my teaching method. Most of the time, I don't want you to hit balls when you practice. I'm going to be teaching you how to put your body in positions that it may not be used to. It doesn't need a ball on the ground in order to learn where and how to move. Whenever I say, Do Not Hit Balls, it's because I've proven that you'll learn faster by following this advice. Whenever you have a ball in front of you, all you want to do is hit. I need you to learn how to swing—not hit. Then I'll teach you how to simply let the ball get in the way later. You have to trust me with this. I've taught thousands and thousands of lessons over the years, and I've seen what works best with my students.

When you start to work on these lessons, I want you to use your 7-iron. This will make it easier to practice the positions I'll be teaching you. Once you start to hit consistently good shots with your 7-iron, you can try other clubs. You'll probably notice that the less-lofted, longer-shafted clubs will amplify any mistakes you may still be making. Keep working on the drills in each lesson until you can also hit these clubs straight and pure. That's how you'll know when your learning is complete. Be aware that this will take time—it won't happen overnight—so be patient with yourself. When I say you'll learn quickly, it's all relative to how long it usually takes with traditional teaching methods. Remember, it took me 10 years to perfect my swing. Surely you can invest a month or two in learning how to perfect yours!

Don't try to learn everything all at once. Follow each lesson in the order in which I present it. Learning it in this order is the fastest way for your mind and body to grasp it. For each lesson, practice the positions and drills until you can do them without thinking. Only then should you go to the next lesson.

Please resist the temptation to experiment while doing these lessons. If a friend suggests a swing change, don't do it! If you see a tip in a golf magazine, don't try it! Every swing you make from now on that doesn't work on the three key swing elements of the Iron Byron puts you a step farther away from having a consistently good swing. You will become a better golfer if you follow my teachings, but you have to commit to my technique, and my technique only.

All of the lessons in this book are for right-handed golfers, simply because they are in the majority. My apologies to all you lefties out there. Everything I say in this book is still valid for you, except that you'll have to flip all of my references to right and left. You actually have an advantage being left-handed, because all of the pictures will be like looking at yourself in the mirror. That will make it easier for you to copy what I'm showing.

Now it's time for you to meet the world's only perfect ball striker.
Say Hello to Iron Byron

It has the only perfect swing on the planet. That’s why everyone should be learning how to copy this machine.
Want a 300 yard drive? No problem for Iron Byron. It can hit it right down the middle all day long. How about a 60 yard wedge shot? Just set it up to the ball, and that's exactly what you'll get time after time. It has the only perfect swing on the planet. That's why almost every major golf equipment manufacturer has used it to test the performance of their products. That's why everyone should be learning how to copy this machine.

It all began way back in 1963. A man named Gurdon Leslie, who was a Vice President of True Temper at the time, thought that having some kind of mechanical golfer to hit balls would be a good way to test the new shafts they were developing. Other golf-ball hitting machines had been developed in the past, but none of these had ever replicated a human swing or used an actual club. So, he asked the folks at the Battelle Memorial Institute, a research and development facility in Ohio, to build him the perfect swing machine.

Heading up the project, was a 28-year old mechanical engineer named George Manning. I've actually had the privilege of speaking with George, and the story he tells of how Iron Byron was "born" is really quite fascinating.

His first step was to figure out what exactly was the "perfect swing". To do this, he and his team captured the swings of many top pros on film using high-speed cameras. They also measured the various stresses that each pro put on their shafts in order to determine who was making the most efficient use of their swing energy. After months of analysis it became clear that the machine should be designed to copy the swing of golfing legend Byron Nelson—hence the name "Iron Byron".

Even though Byron was in his fifties by this time, and had been retired from competition since 1947, he still hit shots with machine-like consistency. George could stand in the middle of the test range, 220 yards from the tee, while Byron hit his 2-iron, and catch every single ball on the first bounce. That's what I call machine-like consistency!

After two years of hard work, at a cost of $250,000 (a lot of money in those days), the first mechanical golfer was ready for action; True Temper actually called it their Golf Club Testing Device. In 1966, George moved to True Temper and teamed up with Bob Bush, another young engineer, to fine-tune and market the machine. In the years that followed, Bob Bush continued to evolve the design, but the hitting mechanism remained surprisingly similar to the first prototype. The picture on the opposite page is a more recent version, with a sturdier base and improved pneumatics. An earlier design is shown in the chapter titled Putting It All Together. True Temper's vision of using this machine to improve golf equipment design and performance has become a reality with the installation of almost 40 "Iron Byrons" worldwide. Now I'll explain how the machine can also be used to give you the perfect swing.
You’d think that designing a machine to replicate the swing of a human would turn out to be a pretty complex thing, but George and his team were able to build something conceptually quite simple. It has three key elements:

1. **Circular Body Rotation**
   The source of power is a drive cylinder that rotates in a circular motion to mimic the coiling and uncoiling of the human torso.

2. **An Unrestricted Hinge**
   It has a hinge at the end of a rigid arm that moves freely to mimic the cocking and uncocking of the human wrists.

3. **Constant Forward Tilt**
   The drive cylinder remains at a fixed angle to the ground to mimic the spine angle that should be maintained by humans throughout the swing.
Element 1: Circular Body Rotation

The Iron Byron has a drive cylinder that rotates to the right in order to get the club to the top of the backswing, and rotates to the left during the downswing. Your torso is the human equivalent of this drive cylinder. You rotate your shoulders to the right in order to start your torso coiling into the backswing, and you rotate your hips to the left to uncoil your torso during the downswing.

The drive cylinder of the machine is powered by a pneumatic motor. Attached to this drive cylinder is a rigid metal arm. It has no power of its own; it can’t move unless the drive cylinder is moved by the pneumatic motor. What’s the implication for your swing? Your arms must also remain powerless during the swing; they shouldn’t move unless you start to coil or uncoil your torso.

Your torso is motorized by your legs and hips. As you coil back, your weight loads into your right leg and instep, which builds incredible torque to power the uncoiling. If you coil properly, your arms will automatically move to the top of the backswing; you won’t need to help them along by using your arm muscles. When you release the torque by starting to uncoil, your weight will naturally begin to shift to your left leg and foot. This will cause your arms to move automatically on the downswing and follow-through without any help from your arm muscles.

If you wanted Iron Byron to hit the ball a little farther, you’d simply increase the air pressure in its pneumatic motor to make the drive cylinder rotate faster. Similarly, if you wanted to hit the ball farther yourself, you’d use your motor—your legs and hips—to make your torso uncoil faster during the downswing. It’s a simple matter of cause and effect. The faster you uncoil your torso, by either straightening your left leg, or springing off your right instep, or turning your hips to the left, the faster your powerless arms will swing, so the farther the ball will go after it’s hit.

Remember, your arms must remain powerless during the swing. They should only move in response to the coiling and uncoiling of your torso. Don’t worry, I’ll explain how to create proper body rotation in great detail as we move through the book. And, I’m going to break it down into small segments so you’ll find it easy to learn.
Element 2 • An Unrestricted Hinge

You'll notice that at the end of Iron Byron's fixed metal arm there is a sleeve into which the club's grip is inserted. This sleeve is attached to the arm by an unrestricted hinge. Consequently, the club can hinge fully at the top of the backswing, unhinge fully at impact, and re-hinge fully at the end of the follow-through. Imagine if this hinge were rusty; its movement would become restricted, so the clubface would not be able to return squarely to the ball in time for impact. It would also slow down the incredible whipping action through the hitting zone that generates most of the power in the golf swing. As a result, the ball wouldn't go as far.

Tension has the same effect on your wrists as rust does on the Iron Byron's hinge. The harder you try to hit the ball with your arms, the more tension you create in your wrists, which slows down the unhinging process. This makes the clubhead swing slower and keeps the clubface open at impact. Now you know why most of your shots end up short and to the right whenever you try to hit the ball as hard as you possibly can!

You have to keep all the tension out of your arms and wrists in order to generate maximum clubhead speed and to keep the clubface square through impact. To do that, you have to keep your arms powerless, and you have to have the proper grip. I'll tell you everything you need to know about creating an unrestricted hinge in the following pages.
Element 3 • Constant Forward Tilt

The third and final element to the perfect golf swing is keeping the forward tilt of your spine at a constant angle. As you can see in the illustration, Iron Byron’s drive cylinder is mounted on an angle that allows the club to reach the ball. Once the machine is set on this angle, it never raises its drive cylinder up or down during the swing. This is why it hits the ball in the same spot on the club face (the sweet spot), shot after shot.

Remember, your torso is equivalent to the drive cylinder of the machine. When you bend from the waist to assume the setup position, you set your drive cylinder on an angle. Just like the machine, you have to maintain this angle throughout your backswing, downswing and follow-through. This will maximize your chances of being able to hit the ball on the sweet spot at impact. During the backswing, you must avoid standing taller.

During the downswing you must avoid bending forward. And, on the follow-through, you must resist the temptation to look up early to see where the ball is going before you’ve even hit it. Changing your spine angle in any of these ways can cause a bunch of bad shots, like heeling, toeing, topping, and hitting thin. I’ll tell you more about these in the chapter devoted to self-diagnosis.
LESSON 1

Whenever I teach a student for the first time, we always begin with the grip. Why? Because a perfect swing starts with a perfect grip.
Remember, our objective is to copy the three key swing elements of the Iron Byron. One of those key elements is an unrestricted wrist hinge. The machine has only one arm and one wrist, so all the technicians have to do to keep it hinging freely is give it a squirt of oil from time to time. If we gripped the club with our left hand only, we wouldn’t have any problem with our wrist hinge either. However, when we add our right hand to the grip, we add the power to lock our wrists and prevent them from unhinging. That’s because the right hand is typically a lot stronger than our left.

To overcome this problem we have to use the neutral grip. It puts the club in a more powerful position in our left hand while weakening the power of our right hand. The result is a grip where both hands have “neutral” power and can work together as a single unit to promote the free hinging of the wrists—that’s why it’s called a “neutral” grip.

Here’s another reason for learning the neutral grip. The grip affects the side spin on the ball at point of impact. A strong grip, where the hands are turned to the right, will slightly close the clubface at impact, making the ball spin right to left—the result will be a draw or hook. If you use a weak grip with the hands turned to the left, you’ll return the clubface slightly open at impact, making the ball spin left to right—that will give you a fade or slice. Obviously, the desired result is a shot that goes straight so you don’t have to compensate for any side spin when aiming at the target. The only grip that minimizes side spin and promotes the square return of the clubface to the ball at impact is the neutral grip.

By the way, in many golf books and videos, you’ll find that instructors are recommending a stronger grip. Why? Simply because most recreational golfers suffer from the dreaded slice. The tendency for the strong grip to close the clubface through impact helps to offset the open clubface associated with the slice. This is a quick fix—it does nothing to address the swing flaws that cause the slice. Wouldn’t you rather learn to swing properly? The Iron Byron doesn’t slice the ball. Because I’m going to teach you to swing like the machine, you won’t slice either. Why bother to learn a quick fix when you can learn a perfect swing instead? A perfect swing starts with a perfect grip.

Why It’s Important

The Left Hand: During the backswing and the downswing, your left arm remains straight and fully extended at all times, just like the arm of the machine. That means your left wrist is like the hinge on the machine during these phases of the swing. Consequently, when you form your grip, you have to put your left hand on the club in such a way that allows your left wrist to hinge freely during the backswing and unhinge freely during the downswing. You also need to give your left-hand grip more strength so it won’t be dominated or controlled by the actions of the naturally stronger right hand.

The Right Hand: Just past impact, your right arm straightens out and stays fully extended throughout the follow-through, just like the arm on Iron Byron. That means your right wrist is like the hinge on the machine during this final phase of the swing. Because the machine fully re-hinges by the time the club reaches the finish position, you need a right-hand grip that allows your wrist to do the same thing. You also have to put your right hand on the club in a way that weakens it, so it won’t overpower your left hand during the swing.
The Left Hand • What To Do

1. Hold out your left hand with the palm-side down, and close the gap between your thumb and index finger.

2. Position the club’s grip so that it’s centered in the remaining space between your upper thumb and the base of your index finger.

3. Now simply close your hand and maintain a light gripping pressure. Your left-hand grip is now perfect.

In other books and videos, you’ve probably seen a lot of instruction about how to place the club in the palm of your left hand. With my method, you don’t have to think or worry about any of that. The grip of the club automatically goes into the proper position on the palm. The secret to making it work, is closing the gap between your thumb and index finger before placing your hand on the club. If you do this every time, you’ll never have to be concerned about your grip again. The same is true for your right-hand grip, but we’ll get to that later.
Making Sure It’s Right

1. You should see only two complete knuckles.

2. If you see 1 knuckle, your grip is too weak.

3. If you see 3 knuckles, your grip is too strong.

4. Your thumb should rest to the right of center on the club’s grip.

5. You should feel a slight pressure between the lower half of your thumb and the base of your index finger.

6. The line formed between your thumb and index finger should point about halfway between your right ear and the tip of your right shoulder.

7. If you rotate your hand until it is palm-side up, you should feel like you are holding the club’s grip mainly with the little, ring and middle fingers.

8. Now, open your fingers. You should notice that the club’s grip runs from the base of your index finger, diagonally across your palm to a point about one inch below the base of your little finger, not along the base of the remaining fingers.

9. You may feel a slight strain in your wrist muscles because your hand is twisted to the right of center on the club’s grip.
LESSON 7

In this lesson, you’re going to learn how to do the one-piece takeaway, where the shoulders, arms and club move back together in a one-piece motion. This is the start of the backswing.
The Takeaway

Just like I did for the follow-through, I'm going to break the backswing down into easy-to-learn segments. There will be four lessons in total: the takeaway, the body coil, the wrist hinge, and the head move.

In this lesson, you are going to learn how to do the one-piece takeaway, where the turning of the shoulders causes the arms and club to move back together in a one-piece motion. The Iron Byron uses this one-piece takeaway; its arm, and therefore the club, cannot move back unless its drive cylinder starts to rotate in that direction. If you aren't using the one-piece takeaway, I suggest you try it, simply because our objective is to copy the machine.

Why It's Important: The takeaway is the start of the swing. If you start the club off on the wrong path, you won't be able to return it squarely to the ball at impact, unless you make some compensations throughout the rest of your backswing or downswing.

Some pros have faulty takeaways, but they've learned how to compensate; Jim Furyk and Ray Floyd are good examples of this. If you learn the one-piece takeaway used by the Iron Byron, you'll never have to go through the ordeal of figuring out how to compensate, because it will automatically start your swing moving along the right path.
1. Assume your proper grip and setup with your 7-iron. Your arms should both be extended as far as possible without locking your elbows. You should be able to feel a slight pressure in the front of each armpit; this indicates that your arms are solidly connected to your torso, and that they’re ready to act like the arm of the Iron Byron. Keep your grip pressure light; only 2 out of 10 where 10 is tightest.

2. The correct circular rotation of your torso in the backswing always starts at the top, with your shoulders. Initiate your backswing by rotating your shoulders to the right. Keep both arms extended fully and absolutely powerless, so they only move as a direct result of your shoulder rotation. Do not hinge or roll your wrist in any way; they should remain totally inactive at this point in the swing. When your left hand reaches the point where it is directly over top of your right leg, the takeaway is complete.
MAKING SURE IT’S RIGHT

1. Your hips and knees should still be square to the target line; only your shoulders should be involved in the process of circular rotation at this point in the backswing. You should feel like the turning of your left shoulder is pushing your left arm and hand in order to move the club back.

2. Throughout the takeaway, the angles of the triangle created by your forearms will remain constant—a direct result of keeping both arms fully extended with no bend in either elbow, and keeping your wrists motionless.

3. The clubhead should naturally move on an arc that’s about one inch inside the target line. To see what I mean, take a look at your watch. The minute hand is like your arms and clubshaft. When it moves from the twelve-o’clock to the one-o’clock position, the end of the minute hand has to travel on an inside arc. A common mistake that people make when learning the one-piece takeaway is trying to take the club straight back along the target line. If you do this, your arms will separate or “disconnect” from your body because the club will end up travelling on a path that’s outside of where it should be; you will no longer be able to feel the slight pressure at the front of your left armpit. This is just like disconnecting the arm of the Iron Byron from its drive cylinder. You’ll no longer be able to power your swing with the circular rotation of your body; you’ll have to use your arms instead. Another common mistake is immediately hinging your wrists at the start of the takeaway. This starts the club travelling on a path that is way inside of where it should be.
How To Work On It

To practice the one-piece takeaway, hold the club with just your left-hand grip. Then start rotating your left shoulder to the right, and feel it pushing your left arm to move the club back naturally on an arc that is just slightly inside the target line.

Remember to keep your arm and wrist powerless; the only reason they move is because they are connected to your left shoulder. Once you get used to this “pushing” feeling, add your right-hand grip and continue to practice the takeaway motion. You should continue to feel like the club is being pushed back. If you feel like it’s being pulled back, it means that your right arm has too much power and is causing your wrists to hinge back. Work on keeping both arms powerless.
I just alluded to one way that human nature will try to sabotage your takeaway in the previous section. Because your right arm is typically so much stronger, it may want to pull the club back, instead of letting it be pushed back by your left shoulder. Your stronger right hand will overpower your weaker left hand and cause your wrists to hinge immediately. This will make the club face roll open and start the club swinging on a very flat arc that is severely inside the natural path it should take.

Another common takeaway flaw caused by human nature is the tendency to pick the club up too soon. In this case, your stronger right arm, instead of pulling the club back, moves both arms up without waiting for your left shoulder to start turning. This causes your arms and torso to immediately disconnect and starts the club swinging on an arc way outside the natural path it should take, and on a plane that is way too steep.

To avoid these ruinous effects of human nature, you have to focus on keeping both arms and wrists powerless during the takeaway. Let your rotating left shoulder simply push your left arm and hand to move the club back. Make sure that only your shoulders are turning. There should be no rotation whatsoever in your hips or knees at this point in the swing.
HOW TO PRACTICE

Learning is all about repetition.
Before you start to practice anything, I think it's a really good idea for you to read this book from cover to cover. By doing so, you'll get a much better idea of everything that's going to be involved and how it all fits together to give you a consistent golf swing.

Work through each of the lessons in the exact order in which they are presented. Resist the temptation to skip ahead or mix them up—it will only slow down your learning.

For each lesson, read all the steps under the What To Do section and copy the positions I show you in the color photographs. Keep practicing these steps as I describe in the How To Work On It section until you can do them instinctively. Only then should you move on to the next lesson.

Learning is all about repetition. You have to make your conscious mind rehearse whatever new move you are working on, over and over again, until the subconscious mind can take over and make it happen automatically. If you still have to think about what you are doing and how to do it, you haven't finished learning yet. Keep practicing until everything becomes a mindless routine.
Make Lots of Practice Swings

If you're a beginner to the game of golf, learning for you will be much faster and easier, because you don't have any bad habits in your swing to replace. You are simply going to learn how to do it right the first time. If you've already been playing for a while, however, you've probably got some flaws in your swing that are getting in the way of improving your game. You're going to have to learn to replace your old swing with a new swing.

The fastest way to do this is not by hitting balls, but by simply making lots of practice swings. I can't emphasize this point enough; DO NOT HIT BALLS. Working on the steps and drills that I show you in each lesson, by simply taking practice swings, is the fastest way to program your body to erase the old and replace it with the new.

I know what you're thinking. Practice swings? Where's the fun in that? Let's hit some balls! Believe me, hitting balls is the worse thing you could possibly do at this stage. Why? Because, if you go to the practice range, your subconscious mind will automatically activate your old swing as soon as it sees that little white ball on the ground—we need to hide the golf ball until you've programmed your subconscious mind to swing the new and improved way. All I want you to do is take lots and lots of practice swings, copying the positions I show you in each of the lessons. Remember, learning is all about repetition.

The practice-swing method is great for people who have very little spare time on their hands, and can't get out to the practice range on a regular basis. All you need to do is keep an old club around the house. Three or four times a week, take it into the backyard, or down to the basement, or out to the garage, and practice the swing positions in this book.

Take about 10 minutes and do 50 repetitions of whatever position you are learning. Not only will you be stretching your muscles and keeping them flexible, you'll be reprogramming your body how to do the new positions automatically. Pretty soon you won't even remember how you did things the old way.

To make sure you're actually doing what you think you're doing, it's a good idea to videotape your practice swings. Compare the video each session with the photos in this book and keep working at it until you can exactly copy the positions I show you. If you haven't got access to a video camera, try swinging in front of a mirror or set yourself up outside where you can see your reflection in a big window or sliding glass door. Failing that, have a friend or your spouse check your swing positions and compare them with the ones in this book to help keep your learning on track.
Self-Diagnosis

Here I’ll show you how to identify your swing flaws simply by watching your ball flight, and how to fix them by using the three key elements of the Iron Byron.
Skying only happens when hitting the driver or other woods with the ball teed up. The shot pops up very high in the air in any forward direction and as a result travels far less distance than normal. Skying is caused by striking the lower half of the ball with the top edge of the clubface on a steeply descending swing path.
**Why It Happens:** The overly steep swing arc that causes skying happens because your head gets ahead of the ball at impact. There are two possible reasons for this. Either you never shifted your weight to your right foot during the backswing (the classic reverse pivot), or you started to uncoil from the top instead of the bottom, and shifted your upper body too quickly to the left.

**How To Fix It:** Working on the body rotation element of the Iron Byron will fix this problem. First, make sure that you coil correctly from the top in order to feel 80% of your weight transfer to your right instep during the backswing. Then focus on uncoiling from the bottom, by straightening your left leg, or springing from your right instep, or turning your hips to the left. This will quickly rotate your belt buckle back to where it began at setup and automatically create the lag in your upper body that’s needed to keep your head behind the ball at impact.
THE TAKEAWAY

Making Sure It’s Right:

- Remember … coil from the top; make sure you start the takeaway by rotating your shoulders to the right.
- Your weight distribution should still be 50/50 between your two feet.
- There should be no coiling whatsoever in your knees or hips.
- It should feel like your left shoulder is pushing your arms, hands and club into the backswing.
- Your arms and wrists should have no power of their own; just keep them relaxed and let them go along for the ride.
- Keep your arms fully extended without locking them at the elbows.
- Be careful not to hinge your wrists in any way or roll them to the inside.
- Don’t watch the clubhead—keep your eyes focussed on the back of the ball.
- Allow the clubhead to travel naturally back on a slightly inside arc.
- The entire takeaway should be slow and smooth, not fast and jerky.
So ... What's Next?

Now that you've seen the quality of the instruction of Swing Machine Golf and how the information is presented, you have to make a decision. Do you stick with your old golf swing or do you try something new that will allow you to play to the best of your ability?

I know ... I know ... you've tried everything and nothing has worked!

I went through this as well. If you don't know my story, I was a self-taught, scratch golfer at 17 years old. At 19, I decided to work on the fundamentals of the swing. In this process, I totally lost my swing. My first round after making changes was 96. For the next 10 years I tried every tip and trick. I went to some of the best teachers in the world and I tried every training aid known to man. Nothing worked! These truly were the most depressing years of my life.

So what changed?

I got my swing back once I saw the Iron Byron. As soon as I understood the machine and incorporated its 3 elements into my own golf swing, I finally understood exactly what to work on and how to fix any flaw. For me, this transformation was instant and to this day I haven't lost it. I hit the ball amazingly well and the best part is, I rarely practice.

I know what you’re thinking ... this is a great story that you just made up. Actually, it's not. This really was my experience. Don't take my word for it. Here's what other people who purchased our products are saying:
From: "Mark L." <markl@example.com>
To: <paul@swingmachinegolf.com>
Subject: Swing Machine Feedback

Paul,

My library contains only 2 books when it comes to golf instruction, Swing Machine Golf and Ben Hogan's Five Lessons, with yours being #1. I feel both offer a simple approach to the golf swing but what allows your book to ascend to the top is the self diagnosis section. If I'm pushing the ball, which I tend to do slightly, I just turn to the p. 171 and it tells me that my hips are sliding. Then I go to the range, put a shaft in the ground just outside my left leg and practice. You know what the best part of that is? It's FREE!!!

After reading the book and practicing the lessons, my handicap went from 6 to 0 without working on my short game. Fairways and greens are a wonderful thing. Can't wait for your next book.

Mark L.
Irving, TX

_____________________

From:
To: paul@swingmachinegolf.com
Subject: Short Game DVD

Hello Paul,
The Swing Machine DVD course is the third type course I have tried this winter. The other two David Leadbetter's Interactive and Pure Point Golf and they had their good points but did not have a consistent reference to go from. I like power and accuracy and Tiger is the best of both worlds but even Tiger can not compete with Iron Byron. That is why I returned both of those products and will stick with yours. The winter weather is keeping me in but I can certainly practice the three fundamental moves until I can get out. When will your Short Game DVD come out? I'm a big Dave Pelz fan so I am excited to see how you will simplify the important short game. Thank you

Marion
Hi Paul

I want to congratulate you on the best book I have ever read on the golf swing.
I have read Hogan, Toski, Ballard, Flick, McLean and to many others to mention.
Your book is so easy to understand and apply it's mind boggling, I have read it twice
since I received it last Friday and just making the grip change made quite an improvement
in my ball striking! I can tell you that I will start over and follow the book step by step
so that I will get the most out of the book.

Thank you for a great book
S. Warren

Paul,

I have been struggling with my golf swing for over 20 years. I have gone
from the natural swing to the unnatural swing and everything in between.

Your series has made the difference, stabilized my swing and brought back
some golf sanity and fun from all the myriad of instructions out there,
and there are hundreds.
Modeling the technique and teaching after the most consistent golfer, Iron
Byron, is technically sound and physically doable.

Your delivery is articulate and easy to understand, your methodology is
unique and makes sense.
You were able to enhance the feel of the golf swing with sound mechanics.
the best of 2 worlds.
Many golf battles are won or lost around the greens and having adopted your
pitching and chipping techniques, I have won a few battles and shaved 5 strokes off of my score. Thanks again and I am eagerly awaiting the bunkers DVD

Reba K.

K.From: Kevin S. <[redacted]>
To: Paul Wilson <paul@swingmachinegolf.com>
Subject: Re: Swing Machine Golf - Feedback Request

Hi Paul. Love your book; it really works for me. Have tried lots of other aids/instruction but somehow yours was the clearest direction, in the sense that I now feel like I have a real understanding of what a "machine-like" swing should feel like. The chapter on grip alone was a revelation. Our long Alberta winter has begun, so it's mirror practice 'till April, I guess...

:-)

Best Regards,
Kevin S.

__________________________________________________________

From: Chris F. <[redacted]>
To: <paul@swingmachinegolf.com>
Subject: Thanks

Dear Mr. Wilson,

I'm 48 years old and started golfing three years ago. I really jumped in with both feet. I've think I've watched just about every video/dvd available. Your dvd set Swing Machine Golf is BY FAR the BEST one I have seen. Not only have I had good results but I've also gained a lot of understanding of the swing. I really liked how you started with the follow-through, that has helped me a lot.

Anyway, I wanted to say "thank you very much" for a superbly produced presentation. It's a pleasure to watch. You have a great demeanor and pleasant delivery, and everything you discuss comes across clearly. You also have a beautiful swing that's a nice model for a student like myself.

Thanks again and great job!
Hi Paul - I am really enjoying your book. I have several other golf instruction books and videotapes. None of them has been as good as your book at explaining the mechanics of the swing. I now understand why I have to do certain things at certain points in the swing.

I've heard that you may be coming out with a short game book. Do you have a publish date yet?

____________________

Paul

Your dvd has help me so much I can't tell you enough Always been in the mid eighties. Only played 30 rounds this year and handicap in just this past month dropped from 14 down to a10

I'm very excited on where my swing is going. I'm 52 now been playing since grade school, I just shot my lowest round, 4 over par, 75.

Sincerely Yours
roger b.

____________________
sub: gratitude

I have been working on changing my swing for three months and the results are fantastic. I qualified for the Oregon senior golf association championship flight last week and won the final match 4-3. I have never gone past the first round in this tournament. the swing works!

thank you

Xavier
Full Swing DVD Series

Short Game DVD Series

Full Color Book

Yes, I Want My Own Copy of Swing Machine Golf!

Click Here to Order Now!
Other Important Information

If you are looking for more instruction please take a look at my Ignition Golf Tips website. There are over 600 video golf tips posted on this site and more are added each week. Check out:

Check out Ignition Golf Here

Check out my YouTube Channels below:

Paul Wilson Golf

Ignition Golf Tips

Swing Machine Golf

Check out these highly recommended training aids:

Training Aid 1

Training Aid 2

Training Aid 3